

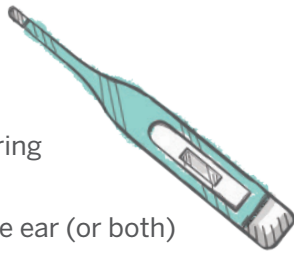
Ear Infections

Ear infections are the most common reason for kids to visit a doctor. Here are some ways to help your child feel better.



Know the signs

- More crying than usual
- Trouble sleeping or hearing
- Fever or headache
- Liquid coming out of one ear (or both)



Watch and wait

- Most ear infections get better in a few days
- Antibiotics (medicine to get rid of germs that cause infections) may not always help your child to get better faster



Try pain and fever medicine

- TYLENOL® or MOTRIN® can help relieve ear pain
- Infants' and Children's TYLENOL® reduces pain and fever while being gentle on tummies
- Infants' and Children's MOTRIN® works fast and lasts up to 8 hours, so it can be a good choice when your child needs relief that lasts through the night

Tips

- | | |
|---|---|
| <ul style="list-style-type: none"> • Wash hands often with soap and water to stop germs from spreading • Keep their vaccines up to date. Ask your healthcare professional about your child's shot schedule • Keep your child away from secondhand smoke | <ul style="list-style-type: none"> • Hold baby with head higher than stomach to feed, so breast milk or formula can't drain into ear • Make sure your child takes all the doses as directed, if your healthcare professional prescribes an antibiotic |
|---|---|